

FOOD *trends*

Discover new food items on supermarket shelves.



The So Right® line of single-serve frozen entrees contains fresh-tasting, quality ingredients such as 100-percent natural white meat chicken, roasted vegetables and whole grains. The meals are made without trans fats, high-fructose corn syrup and artificial flavors or colors. Among the 12 options are Chicken Burrito Bowl, Teriyaki Chicken Stir Fry and Chorizo with Pasta & Fire Roasted Tomatoes.



Wholly® Simply Avocado™ dips and spreads are a convenient way to enjoy avocados year-round. Made with hand-scooped Hass avocados and a few flavor-enhancing ingredients, options include Sea Salt, Garlic Herb, Roasted Red Pepper and Jalapeño Lime.



Ancient Harvest's gluten-free POW! pastas are the market's first legume-and-quinoa noodles, with up to 14 grams of protein per serving. The plant-based protein pasta line includes Black Bean Elbows, Green Lentil Penne, Red Lentil Rotini, Green Lentil Spaghetti and Red Lentil Linguini.

Certified gluten-free and diabetes-friendly, Stabilize® nutrition bars contain whey and nut protein, 8 grams of prebiotic fiber and 21 vitamins and minerals. Sweetened with agave syrup, the flavors are Dark Chocolate Coconut Cashew, Dark Chocolate Peanut Butter Cup and Dark Chocolate Thin Mint Cookie.



Upton's Naturals' new shelf-stable Real Meal Kits feature pre-cooked noodles, vegetables and other flavorful ingredients. Kits include Massaman Curry, Pad See Ew, Thai Spaghetti and Thai Curry Noodle. The brand also offers two new Jackfruit flavors (Sriracha and Sweet & Smoky), Ch'eesy Mac and Ch'eesy Bacon Mac.



Made with vapor-distilled carbonated water, Waterloo Sparkling Water is available in seven sodium-free varieties: Original, Black Cherry, Watermelon, Coconut, Lemon, Lime and Grapefruit.



Field Roast® has five new vegan products: Miniature Corn Dogs, FRuffalo Wings and Sunflower Country-Style Katsu Cutlets are frozen appetizer and entrée options.

From the brand's Chao Creamery, Creamy Mac n' Chao and Chili Mac n' Chao are frozen meal options.



The Gluten Free Bar brand offers GFB Bites, a snack that is soft and chewy with a crunch. With 4 grams of protein per serving, the vegan, soy-free and certified gluten-free bites are available in six flavors: Dark Chocolate Coconut, Coconut Cashew Crunch, Chocolate Cherry Almond, PB+J, Dark Chocolate Hazelnut and Dark Chocolate Peanut Butter.

Four varieties of Better Than Coffee® snack bars contain 5 grams of plant-based protein, plus 100 milligrams of caffeine from maca and guarana. With 70-percent organic dark chocolate in every bar, flavors include French Roast, Dark Chocolate & Coconut, Dark Chocolate & Cranberry and Dark Chocolate & Mint.



Nature's Path Organic Love Crunch® cereals are made with premium organic ingredients, including whole-grain rolled oats, whole wheat meal and fair trade dark chocolate chunks. The three flavors are Dark Chocolate & Red Berries, Dark Chocolate & Peanut Butter and Dark Chocolate Macaroon.



New from Carrington Farms®, Organic Coconut Protein Blend contains plant-based protein with no added sugar. Made from organic coconuts, the vegan powder can be mixed into smoothies or baked goods to add 20 grams of protein and 8 grams of fiber per serving.



Sparkling Ice® offers Ginger Lime sparkling water, made with real ginger and carbonated water. Sparkling Ice sparkling waters are a combination of carbonated water, natural flavors, fruit juice concentrate, sucralose and vitamins. This new offering is the first of its kind on the market.

Combining bold flavor and helpful ingredients, Wicked Crisps are a baked vegetable snack available in seven flavors: Roasted Garlic and Asiago Cheese, Red Curry Hummus, Spinach Parmesan, Sweet Potato Soufflé, Spring Vegetable Medley, Sea Salt and Hummus, and Cheesy Cheese Pizza.

